

## Mind, Body and Soul Health Shows

Healing in the Valley plans and organizes a number of Mind, Body and Soul Health Shows in the Ottawa Valley and surrounding areas.

Details for all shows will be listed and showcased here. Should you have a request for a health show to be planned in your area, we are open to suggestions and are currently exploring other areas. Please send an email with any comments or suggestions to [koula@healinginthevalley.ca](mailto:koula@healinginthevalley.ca).

Healing in the Valley has Mind, Body and Soul Health Shows planned in the following areas:

Arnprior, ON

3rd Annual Arnprior Mind, Body and Soul Health Show

Nick Smith Centre, 77 James Street, Arnprior, ON

September 18th, 2010 10:00am - 5:00pm

Carp, ON

2nd Annual Carp Mind, Body and Soul Health Show

October/November 2010 - To be determined